



**the bar method.**<sup>®</sup>

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|                               |     |                                |                |                                  |          |
|-------------------------------|-----|--------------------------------|----------------|----------------------------------|----------|
| <b>Franchised Units:</b>      | 119 | <b>In Business Since:</b>      | 2001           | <b>Royalty:</b>                  | 6%       |
| <b>Company-Owned Units:</b>   | 2   | <b>Average Franchise Fee:</b>  | \$52K          | <b>IFA Member:</b>               | Yes      |
| <b>Total Operating Units:</b> | 121 | <b>Total Investment Range:</b> | \$303 – 499.9K | <b>Term of Initial Contract:</b> | 10 Years |

## OUR MISSION

Our mission is to empower women to be the best version of themselves by creating highly efficient, full-body workouts that build inner and outer strength, grace and poise.

## OUR HISTORY

The Bar Method was founded in 2000 and is a pioneer of barre-based techniques. It stands apart due to its outstanding workout, its well-trained teachers and its passionate, supportive community. Bar Method studios are luxurious and elegant, providing a warm atmosphere for students to come together to work hard, have fun and achieve their goal.

## THE EXERCISE

The Bar Method targets all major muscle groups, alternating between the front and the back of the body. The unique exercises keep students working long and intensely enough to transform and sculpt the muscles. Active and passive stretching follows each exercise to create a graceful, dancer-like body that is at the same time lean and defined. Students in their 20s see the results, just as much as our students in the their 70s!

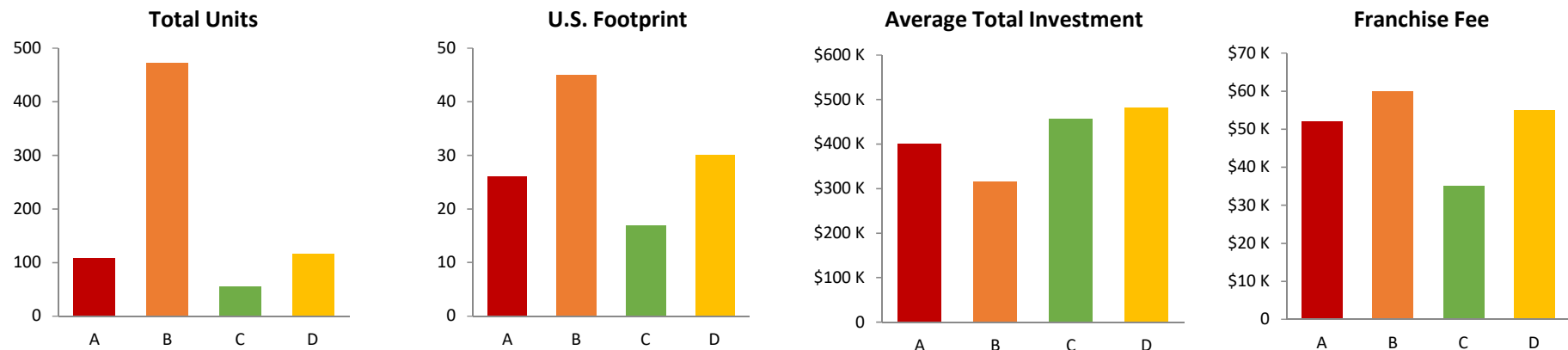


# Barre Studios Industry

|   | Company Name (DBA) | Legal Name                 | Final Score |
|---|--------------------|----------------------------|-------------|
| A | The Bar Method     | The Bar Method             | 682         |
| B | Pure Barre         | PB Franchising, LLC        | 675         |
| C | The Dailey Method  | TDM Franchise Company, LLC | 519         |
| D | Barre3             | B3 Franchising, LLC        | 517         |

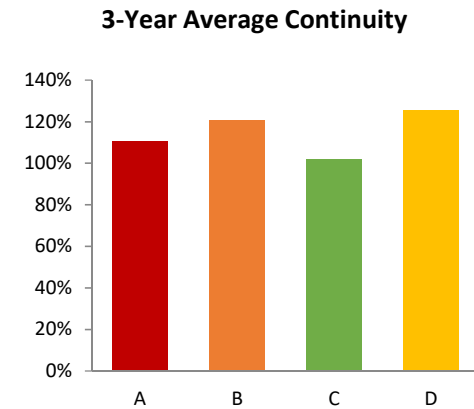
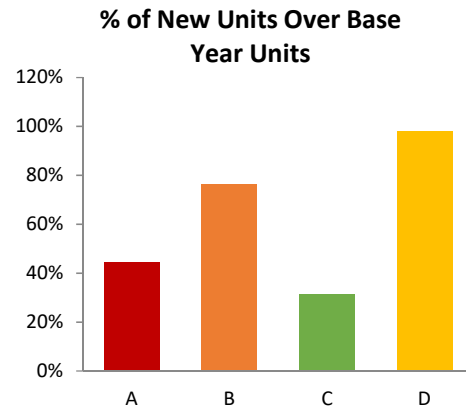
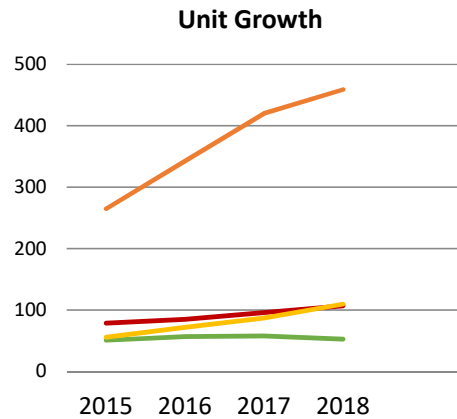
## Key Unit Investment Variables

30%



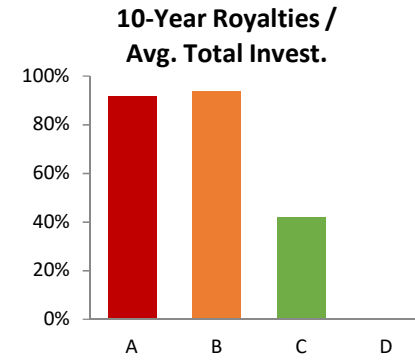
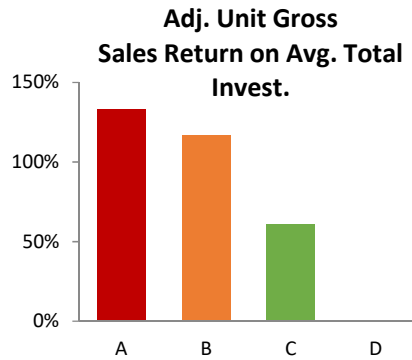
- **Total Units** is a valuable measure if recent growth was accompanied by proper support. Meteoric growth, however, with the help of third parties, frequently means franchisees are left to fend for themselves while management focuses on growth for its own sake.
- The greater the **Footprint/Geographical Coverage**, the better all franchisees are served. Only U.S. states are included.
- For the purpose of the Franchise Matrix™ analysis, the **Average Total Investment** is used in all cases.
- The **Franchise Fee** should not significantly exceed the franchise fee of its primary competitors.

|   | The Bar Method  |           | Pure Barre      |           | The Dailey Method |           | Barre3          |           |            |
|---|-----------------|-----------|-----------------|-----------|-------------------|-----------|-----------------|-----------|------------|
| <b>Weighting for Primary FDD Variables (300 Points)</b>         | Data            | Score     | Data            | Score     | Data              | Score     | Data            | Score     | Max. Score |
| Year-End Total Franchised Units                                 | 107             |           | 459             |           | 53                |           | 110             |           |            |
| Year-End Total Company-Owned Units                              | 2               |           | 13              |           | 2                 |           | 6               |           |            |
| <b>Year-End Total Units</b>                                     | <b>109</b>      | <b>40</b> | <b>472</b>      | <b>50</b> | <b>55</b>         | <b>30</b> | <b>116</b>      | <b>40</b> | <b>50</b>  |
| % of Franchised Units   | 98.2%           |           | 97.2%           |           | 96.4%             |           | 94.8%           |           |            |
| <b>% of Company-Owned Units</b>                                 | <b>1.8%</b>     | <b>5</b>  | <b>2.8%</b>     | <b>6</b>  | <b>3.6%</b>       | <b>7</b>  | <b>5.2%</b>     | <b>7</b>  | <b>10</b>  |
| <b>U.S. Footprint (# of U.S. States)</b>                        | <b>26</b>       | <b>32</b> | <b>45</b>       | <b>35</b> | <b>17</b>         | <b>26</b> | <b>30</b>       | <b>32</b> | <b>35</b>  |
| Total Low Investment  | \$303,000       |           | \$191,650       |           | \$274,550         |           | \$291,956       |           |            |
| Total High Investment   | \$499,850       |           | \$439,250       |           | \$639,400         |           | \$672,178       |           |            |
| Average Total Investment Per Unit                               | \$401,425       |           | \$315,450       |           | \$456,975         |           | \$482,067       |           |            |
| Low Unit Size Estimate (Square Feet)                            | 1,800           |           | 1,500           |           | 1,800             |           | 1,400           |           |            |
| High Unit Size Estimate (Square Feet)                           | 3,000           |           | 1,500           |           | 2,200             |           | 2,800           |           |            |
| Average Unit Size (Square Feet)                                 | 2,400           |           | 1,500           |           | 2,000             |           | 2,100           |           |            |
| Average Total Investment Per Square Feet                        | \$167           |           | \$183           |           | \$228             |           | \$230           |           |            |
| <b>Average Franchise Fee (Single Unit)</b>                      | <b>\$52,000</b> | <b>11</b> | <b>\$60,000</b> | <b>10</b> | <b>\$35,000</b>   | <b>24</b> | <b>\$55,000</b> | <b>11</b> | <b>40</b>  |
| <b>Average Annual Royalty Fee (On-Going After Trial Period)</b> | <b>6.0%</b>     | <b>80</b> | <b>7.0%</b>     | <b>60</b> | <b>6.0%</b>       | <b>80</b> | <b>6.0%</b>     | <b>80</b> | <b>90</b>  |
| <b>Term of Initial Contract (Years)</b>                         | <b>10</b>       | <b>20</b> | <b>10</b>       | <b>20</b> | <b>5</b>          | <b>10</b> | <b>5</b>        | <b>10</b> | <b>35</b>  |
| <b>Term of First Contract Renewal (Years)</b>                   | <b>5+5</b>      | <b>11</b> | <b>5+5</b>      | <b>11</b> | <b>5+5+5</b>      | <b>17</b> | <b>5</b>        | <b>6</b>  | <b>20</b>  |
| <b>Average Transfer Fee (Single Unit)</b>                       | <b>\$13,333</b> | <b>5</b>  | <b>\$10,000</b> | <b>8</b>  | <b>\$6,125</b>    | <b>9</b>  | <b>\$27,500</b> | <b>1</b>  | <b>10</b>  |
| <b>Year Incorporated</b>  | <b>2001</b>     | <b>9</b>  | <b>2009</b>     | <b>5</b>  | <b>2000</b>       | <b>9</b>  | <b>2008</b>     | <b>7</b>  | <b>10</b>  |
| Franchising Since   | 2007            |           | 2009            |           | 2009              |           | 2010            |           |            |
| Issuance Date of FDD (Issue Date)                               | 4/19/2018       |           | 11/13/2018      |           | 7/16/2018         |           | 4/12/2018       |           |            |



- **3-Year Compound Annual Unit Growth** measures the unit growth from base year to end of 2017. Assuming proper support on the part of the franchisor, higher growth is rewarded. Steady and controlled **Unit Growth** are preferred over meteoric growth. Negative unit growth raises red flags.
- **% of New Units Over Base Year Units** is the Total End of 2017 Units divided by Base Year Beginning Units.
- **3-Year Average Continuity Rate** is an important and commonly used metric within the franchising industry that measures the success of a franchise system over its most recent past. Continuity rate is determined for each year by dividing end-of-year total units by beginning-of-year total units and dividing the 3 annual rates by 3 to arrive at an average. If there are a high number of closures or non-renewals within a franchise, the continuity rate will generally result in a rate of less than 100%, as will a system that cannot support its growth and, accordingly, its franchisees are failing. A high continuity rate is evidence of strong support systems. Continuity rates of over 100% were rewarded and ones with less than 100% were penalized.

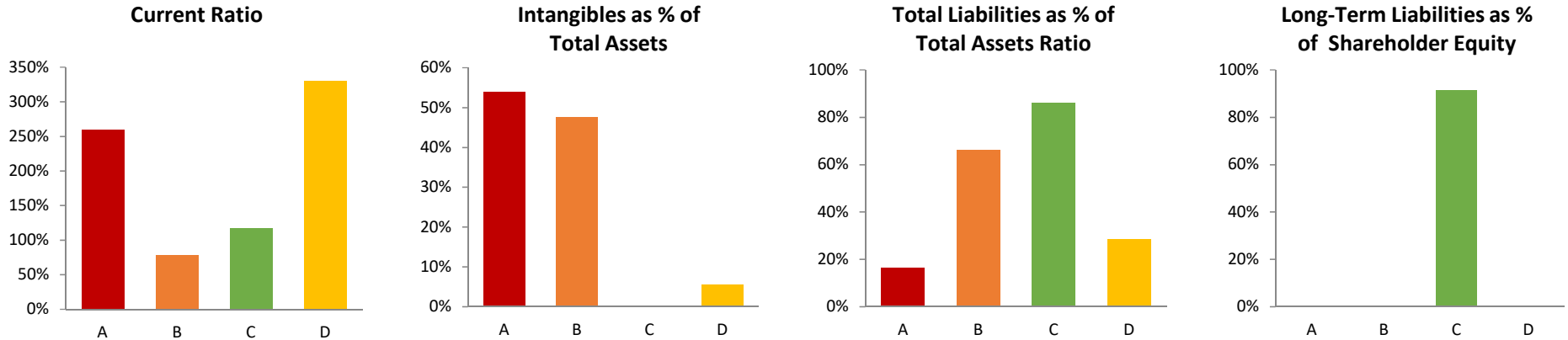
|  | The Bar Method |       | Pure Barre |       | The Dailey Method |       | Barre3 |       |            |
|--|----------------|-------|------------|-------|-------------------|-------|--------|-------|------------|
| Weighting for Primary FDD Variables (250 Points) | Data           | Score | Data       | Score | Data              | Score | Data   | Score | Max. Score |
| Base-Year Beginning Franchised Units             | 79             |       | 265        |       | 51                |       | 56     |       |            |
| New Franchised Units Over Following 3 Years      | 35             |       | 202        |       | 16                |       | 55     |       |            |
| Total Franchised Units at the End of Year 3      | 107            |       | 459        |       | 53                |       | 110    |       |            |
| % of New Units Over Base Year Units              | 44.3%          | 20    | 76.2%      | 40    | 31.4%             | 15    | 98.2%  | 40    | 40         |
| 3-Year Compound Annual Unit Growth               | 10.6%          | 30    | 20.1%      | 40    | 1.3%              | 10    | 25.2%  | 45    | 70         |
| 3-Year Average Continuity Rate                   | 110.7%         | 125   | 120.4%     | 140   | 101.6%            | 105   | 125.3% | 140   | 140        |



- Adjusted Unit Gross Sales by itself is not as important as **Adjusted Unit Gross Sales as percentage of the Average Total Investment**. Sales and profits must be evaluated as a function of the total investment.
- Whereas a modest difference in year 1 sales as a function of the average investment might be considered of minor importance, a 10-year time horizon puts these differences into perspective.
- Similarly, while a modest difference in year 1 royalty rates between franchisors might be considered of minor importance, cumulative **Royalty** payments over a 10-year time frame as a percentage of Average Total Investment put these differences into perspective.

|  | The Bar Method     |            | Pure Barre    |            | The Dailey Method |           | Barre3            |          |            |
|--|--------------------|------------|---------------|------------|-------------------|-----------|-------------------|----------|------------|
| Weighting for Primary FDD Variables (350 Points)                 | Data               | Score      | Data          | Score      | Data              | Score     | Data              | Score    | Max. Score |
| Company-Wide Average Gross Sales or Revenue                      | \$464,331          |            | \$320,571     |            | \$242,726         |           | No Item 19        |          |            |
| Period Operated  | At Least 12 Months |            | 18 Months     |            | 1 Year            |           | No Item 19        |          |            |
| Calculation Based on # of Units Evaluated                        | 94 of 107          |            | 342 of 459    |            | 22 of 53          |           | No Item 19        |          |            |
| Calculation Based on Franchised or Company-Owned Units           | Franchised         |            | Franchised    |            | Franchised        |           | No Item 19        |          |            |
| % Adjustment*  | 115%               |            | 115%          |            | 115%              |           | No Item 19        |          |            |
| Adjusted Average Gross Sales or Revenue                          | \$533,981          |            | \$368,657     |            | \$279,135         |           | No Item 19        |          |            |
| <b>Adjusted Unit Gross Sales Return on Avg. Total Investment</b> | <b>133.0%</b>      | <b>125</b> | <b>116.9%</b> | <b>110</b> | <b>61.1%</b>      | <b>60</b> | <b>No Item 19</b> | <b>0</b> | <b>175</b> |
| Cum.10-Year Gross Sales (Compounded at 5% Growth / Year)         | \$6,132,321        |            | \$4,233,713   |            | \$3,205,631       |           | No Item 19        |          |            |
| <b>10-Year Sales / Average Total Investment</b>                  | <b>15.3</b>        | <b>35</b>  | <b>13.4</b>   | <b>35</b>  | <b>7.0</b>        | <b>15</b> | <b>No Item 19</b> | <b>0</b> | <b>75</b>  |
| 10-Year Total Royalty Payments                                   | \$367,939          |            | \$296,360     |            | \$192,338         |           | No Item 19        |          |            |
| <b>10-Year Royalties / Average Total Investment</b>              | <b>91.7%</b>       | <b>50</b>  | <b>93.9%</b>  | <b>50</b>  | <b>42.1%</b>      | <b>50</b> | <b>No Item 19</b> | <b>0</b> | <b>50</b>  |
| Detailed Income Statement (EBITDA All Units Optimal)             | 0%                 | 0          | 0%            | 0          | 0%                | 0         | No Item 19        | 0        | 50         |

\* To adjust stated Average Gross Sales to a "standard" of greater than 2 years, the following adjustments were applied:  
 Over 1 Year = 115%; Over 2 Years = 100%; Over 3 Years = 95%; Over 4 Years = 90%; Over 5 Years = 85%.



- The **Current Ratio (or Working Capital Ratio)** is a liquidity ratio that reflects the franchisor's ability to pay back its short-term liabilities. A ratio of less than 1 raises a red flag as to whether a franchisor can pay its short-term obligations when due.
- **Intangibles**, including **Goodwill**, are long-term assets represented by non-physical assets. Franchisors whose brands are household names may justify a higher value for intangibles than a relatively new brand with limited experience in the marketplace.
- **Total Liabilities as percentage of Total Assets Ratio** reflects the long-term strength of the franchisor's balance sheet. Over time, one would expect the percentage to decrease. A lower percentage is preferred over a higher percentage.
- **Long-term Liabilities as percentage of Shareholder Equity** reflects the franchisor's long-term capital structure. Over time, one would expect the percentage to decrease. A lower percentage is preferred over a higher percentage.

| Balance Sheet Items (\$000)                                | The Bar Method |       | Pure Barre |       | The Dailey Method |       | Barre3     |       | Max. Score |
|--|----------------|-------|------------|-------|-------------------|-------|------------|-------|------------|
|  | Data           | Score | Data       | Score | Data              | Score | Data       | Score |            |
| <b>Weighting for Primary FDD Variables (100 Points)</b>    |                |       |            |       |                   |       |            |       |            |
| Ending Date for Financials (Closing Date on Balance Sheet) | 12/31/2017     |       | 12/31/2017 |       | 6/30/2018         |       | 12/31/2017 |       |            |
| Current Assets   | \$3,070        |       | \$1,306    |       | \$289             |       | \$1,576    |       |            |
| Intangibles & Goodwill                                     | \$3,896        |       | \$1,188    |       | \$0               |       | \$94       |       |            |
| Other Assets   | \$265          |       | \$4        |       | \$45              |       | \$0        |       |            |
| Total Assets   | \$7,231        |       | \$2,498    |       | \$334             |       | \$1,670    |       |            |
| Current Liabilities  | \$1,183        |       | \$1,657    |       | \$246             |       | \$477      |       |            |
| Long-Term Liabilities                                      | \$0            |       | \$0        |       | \$42              |       | \$0        |       |            |
| Total Liabilities  | \$1,183        |       | \$1,657    |       | \$288             |       | \$477      |       |            |
| Shareholders' Equity                                       | \$6,048        |       | \$840      |       | \$46              |       | \$1,193    |       |            |
| Total Liabilities & Shareholders' Equity                   | \$7,231        |       | \$2,498    |       | \$334             |       | \$1,670    |       |            |

| Key Financial Ratio (%)s                                 | The Bar Method |       | Pure Barre |       | The Dailey Method |       | Barre3 |       | Max. Score |
|--|----------------|-------|------------|-------|-------------------|-------|--------|-------|------------|
|  | Data           | Score | Data       | Score | Data              | Score | Data   | Score |            |
| <b>Weighting for Primary FDD Variables (100 Points)</b>  |                |       |            |       |                   |       |        |       |            |
| Current Ratio (or Working Capital Ratio)                 | 259.5%         | 25    | 78.8%      | 4     | 117.5%            | 20    | 330.4% | 25    | <b>25</b>  |
| Intangibles & Goodwill as % of Total Assets              | 53.9%          | 4     | 47.6%      | 6     | 0.0%              | 20    | 5.6%   | 18    | <b>20</b>  |
| Total Liabilities as % of Total Assets Ratio             | 16.4%          | 35    | 66.3%      | 25    | 86.2%             | 10    | 28.6%  | 35    | <b>35</b>  |
| Long-Term Liabilities as % of Shareholders' Equity Ratio | 0.0%           | 20    | 0.0%       | 20    | 91.3%             | 2     | 0.0%   | 20    | <b>20</b>  |

|                    |            |            |            |            |              |
|--------------------|------------|------------|------------|------------|--------------|
| <b>Total Score</b> | <b>682</b> | <b>675</b> | <b>519</b> | <b>517</b> | <b>/1000</b> |
|--------------------|------------|------------|------------|------------|--------------|



FranCompare™ and the World Franchising Network have been in the franchising business for over 30 years. During that period, we have gained some meaningful insights into what separates great franchise systems from mediocre ones. The FranCompare™ Franchise Recognition Program is the result of those decades of experience. The underlying analysis relies upon a unique template called Franchise Matrix™. The Franchise Matrix™ allows a prospective investor, analyst or lender to prioritize which objective factors in each franchisor's FDD are most important in analyzing competing systems and to compare systems side-by-side. Keep in mind that the methodology and results of the Franchise Recognition Program are solely the opinions of FranCompare™ and are based solely on what we consider to be the key factors taken from each franchisor's 2018 FDD. If you want to modify the weighting of the variables or change the variables themselves, please [click here](#) for a customizable worksheet that can accommodate your personal priorities.

FranCompare™ also provides custom side-by-side analyses for clients. You can choose from over 2,100 2018 FDDs and over 2,300 2017 FDDs listed on [www.FranchiseDisclosures.com](http://www.FranchiseDisclosures.com). If you have an interest in a custom FranCompare™ analysis, please give us a call at (888) 612-9908. The minimum charge for 4 companies is \$600 and each additional company is \$150.

**Source:** All information in the FranCompare™ Franchise Recognition Program, the Franchise Matrix™ and related charts and graphs was compiled from publicly available Franchise Disclosure Documents (FDDs). FranCompare™ permits no reproduction, electronic transmission or other distribution of the FranCompare™ Franchise Recognition Program or Franchise Matrix™, in whole or in part, except as authorized by separate signed Agreement.

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